Get Cycling!

45% of all car journeys are less than 2 miles which is the equivalent of a ten minute bike ride. Two trips of 15 minutes by bike a day are enough to give you a healthy heart.

The University Route provides a direct and convenient route from the City Centre to Garston. From 2007 it will link up to the Netherley Vale/Vespercresson Cycle Route at Horrocks Avenue which will take cyclists up to the Trans Pennine Trail (Liverpool Loop Line). The route takes advantage of pleasant parks and calmed roads.

Why Cycle?

G It’s quick
G It lowers stress
G It’s reliable
G It’s free
G It reduces pollution
G It eases congestion
G It lowers stress
G It’s fun
G It’s healthy
G It’s fun
G It’s quick

Liverpool Cycle Routes

1: The University Route

In partnership with

Designed by Marketing, Liverpool City Council
060213ML/KK/0702
If you would like information on other cycle routes in Liverpool call 233 3007. The maps suggest the best routes around the city on quiet roads and car free tracks.

Remember, bikes go free on trains and ferries. For up to the minute timetables call the Traveline:

Travel Information 0870 608 2 608
www.merseytravel.gov.uk

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